



Media Release

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VIA Rail Canada Unveils its Route to Well-being in Paradise VIA's Spa Train Travels to Ontario's Ultimate Spa Destinations

MONTREAL – VIA Rail Canada is pleased to announce it has partnered with Premier Spas of Ontario to introduce the new *Spa Train Route*. Passengers can immerse themselves in the relaxing comforts of train travel while contemplating the peaceful spa treatments that await them at one of the Premier Spa destinations along the *Spa Train Route*. So grab your girlfriends for a special getaway, celebrate your anniversary with special his -and-her treatments, or leave the world behind and get back in touch with yourself. Let VIA Rail and Premier Spas show you the “Human Way to Travel.”

VIA Rail's *Spa Train Route* gives you access to 18 quality-assured Premier Spa destinations in Ontario that are waiting to indulge you with facials, massages, body wraps and other luxurious treatments to rejuvenate your body – and soul. Each of the participating Premier Spas offers packages that include return train travel and shuttle transportation to and from the nearest VIA Rail station.

Use VIA Rail's *Spa Train Route* and take the healthy track to any of the following Premier Spas:

- Au Naturel Spa – Ottawa, ON (nearest station: Fallowfield)
- Holtz Spa – Ottawa, ON
- Claramount Inn & Spa – Picton, ON (nearest station: Belleville)
- The Hillcrest -Valenova Hotel & Spa – Port Hope/Cobourg, ON
- HighFields Country Inn & Spa – Zephyr, ON (nearest station: Oshawa)
- Ste. Anne's Spa – Grafton, ON (nearest station: Cobourg)
- Elizabeth Milan Day Spa – Toronto, ON
- Elmwood Spa – Toronto, ON
- HealthWinds – Toronto, ON
- Rosewater Health and Beauty Spa – Oakville, ON
- SilveryBlue Butterfly Spa – Oakville, ON
- Magnolia House Spa – Waterdown, ON (nearest station: Aldershot)
- Langdon Hall Country House Hotel and Spa – Cambridge, ON
- Pillar & Post 100 Fountain Spa – Niagara-on-the-Lake, ON (nearest station: St. Catharines)
- The Spa at White Oaks – Niagara-on-the-Lake, ON (nearest station: Niagara Falls)
- Fayez Beauty Spa – London, ON

Looking to explore Ontario a bit more? There are also two Premier Spas of Ontario destinations north of Ontario, along VIA's flagship *Canadian* route:

- Trillium Resort & Spa – Port Sydney, ON (nearest station: Washago)
- Inn at Manitou – McKellar, ON (nearest station: Parry Sound)

For more information on the *Spa Train Route* and the various spa packages, go to viarail.ca/spatrain.

About Premier Spas of Ontario

Premier Spas of Ontario is an association of spas committed to providing the highest quality range of treatments for the sophisticated spa-goer as well as the first timer. Consisting of many urban and country destinations, Premier Spas of Ontario also offers amenities such as golf, tennis and hiking. For more information on Premier Spas of Ontario, visit <http://www.premierspasofontario.ca>

About VIA

As Canada's national passenger rail service, VIA Rail Canada's mandate is to provide efficient, environmentally responsible and cost effective passenger transportation services, both in Canada's business corridor and in remote and rural regions of the country. VIA serves more than 450 communities with a network of inter-city, transcontinental and regional trains. Demand continues to grow as more Canadians turn to train travel as a safe and convenient travel choice. For more information on VIA services along the Spa Route, or any other services go to viarail.ca, call toll-free 888 VIA RAIL (842-7245) TTY 800 268-9503 (hearing impaired), or visit your travel agent.

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